



COMMISSION OF INQUIRY INTO THE
USE OF DRUGS AND BANNED PRACTICES
INTENDED TO INCREASE ATHLETIC PERFORMANCE

B E F O R E:

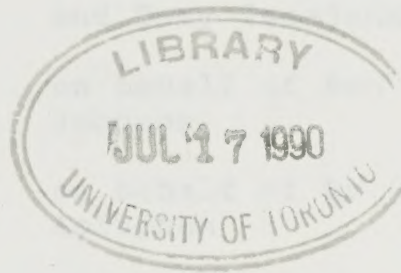
THE HONOURABLE MR. JUSTICE CHARLES LEONARD DUBIN

HEARING HELD AT 1235 BAY STREET,
2nd FLOOR, TORONTO, ONTARIO,
ON THURSDAY, MARCH 16, 1989

VOLUME 30

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C O U N S E L:

ROBERT ARMSTRONG, Q.C. MS. K. CHOWN	on behalf of the Commission
A. PRATT	on behalf of Charles Francis
D. O'CONNOR G. PINHEIRO	on behalf of Angella Issajenko and Tony Issajenko
MR. FUTERMAN MR. M. LIPKUS	on behalf of Ben Johnson
MR. LEVINE	on behalf of Dr. M. G. Astaphan
THOMAS C. BARBER	on behalf of the Sport Medicine Council of Canada
MR. PREFONTAINE	on behalf of the Government of Canada
J. STEINECKE	on behalf of the College of Physicians and Surgeons of Ontario
ROGER BOURQUE	on behalf of the Canadian Track and Field Association
MS. S. HICKLING	on behalf of Bishop Dolegiewicz
MR. D. DEVENNEY	on behalf of the Steens

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--- Upon commencing.

THE COMMISSIONER: Mr. O'Connor, do you have any re-examination?

MR. O'CONNOR: Thank you, Mr. Commissioner,
5 I just have one or two questions.

ANGELLA ISSAJENKO: Recalled

--- RE-EXAMINTAION BY MR. O'CONNOR:

10 Q. When you were being cross-examined
yesterday, Mr. Futerman had asked you about a conversation
or conversations that you had had with Ben Johnson. And
that in referring to the anabolic steroids you said that
you hadn't used the term "anabolic steroid" in the
15 discussion with him. Do you remember that?

A. That's correct.

Q. And I believe you indicated that you
had in fact referred to it as the "drug"?

A. That's correct.

20 Q. Now, when you think back over the years
in your discussions with athletes and others who were
involved in this, would you normally refer to the anabolic
steroid by its name or by the term anabolic steroid?

A. No, that was too formal.

25 Q. How was it commonly referred to?

A. The "drug", or in the case of Estragol "the white stuff".

Q. All right. And did you, when you were referring to vitamins, how would you refer to those?

5 A. Vitamins.

MR. O'CONNOR: Thank you.

THE COMMISSIONER: Mr. Armstrong.

--- RE-EXAMINATION BY MR. ARMSTRONG:

10 Q. Yes, Ms. Issajenko, yesterday when you were being questioned by Ms. Hickling, the lawyer for Bishop Dolegiewicz, you said that at one time you saw Bishop Dolegiewicz inject his quads with testosterone. Do you remember saying that?

15 A. That's correct.

Q. Can you tell us when that was and where it was that you saw Bishop Dolegiewicz inject his quads with testosterone?

20 A. In Venezuela, during the world cup trials, in August of '81.

MR. ARMSTRONG: Thank you. Those are all the questions I have, Mr. Commissioner, thank you.

25 THE COMMISSIONER: Thank you. It has been a lengthy session for you and I just want to clarify a few things that come to my mind.

You joined the Scarborough Optimist Club in 1978, was it?

THE WITNESS: Yes, sir.

THE COMMISSIONER: How many members were there then, approximately?

THE WITNESS: Maybe ten or more.

THE COMMISSIONER: About ten. When did it become the Mazda Optimist Club?

THE WITNESS: I think around '85, '86.

THE COMMISSIONER: By that time, how many athletes were in the Scarborough Optimist Club and the Mazda Optimist Club?

THE WITNESS: There is a lot because there were different groups of athletes. There were the juniors and the elite athletes, I don't recall --

THE COMMISSIONER: Mr. Francis, he coached only the sprinters?

THE WITNESS: That's correct.

THE COMMISSIONER: And I forgot whether he told me up to 440 or just the 100 and 200?

THE WITNESS: Up to 400. He had one woman at 800 meters.

THE COMMISSIONER: How many would be in that group off and on over the years? Would it expand or reduce?

THE WITNESS: It would expand. Sometimes athletes would come from British Columbia to work with us.

THE COMMISSIONER: How many would be sort of the maximum at one time?

5 THE WITNESS: In one training session, sometimes 10 or more.

THE COMMISSIONER: All right. I think you told us that all those that were trained by Mr. Francis were not on the steroid program?

10 THE WITNESS: That's correct.

THE COMMISSIONER: He would then coach those who were on the steroid program and those who were not on the steroid program?

THE WITNESS: That's correct.

15 THE COMMISSIONER: Now, I want to discuss this sabotage theory that was developed after the Seoul Olympics.

We have heard some discussion about it. Mr. Francis said that he thought of sabotage because
20 Stanazolol was found in Mr. Johnson's urine?

THE WITNESS: That's correct.

THE COMMISSIONER: And he was satisfied that as far as he knew that Mr. Johnson was not taking Stanazolol, but through the relevant period of time it was
25 Estragol that he understood Mr. Johnson was taking?

THE WITNESS: That's correct.

THE COMMISSIONER: And that was your belief as well?

THE WITNESS: Yes, sir.

5 THE COMMISSIONER: As far as your program, as far as you knew what Ben was taking, too?

THE WITNESS: That's correct, even though at that time I had known that there -- there was no drug called Furazabol.

10 THE COMMISSIONER: Well, there is interchange Furazabol and Estragol, I think are the same; is that right?

Now, I think we have heard that it was in the fall of 1985 that Mr. Johnson received the
15 Estragol-Furazabol for the first time, and that continued right to '88?

THE WITNESS: Yes, sir.

THE COMMISSIONER: And you started in '86, I think.

20 THE WITNESS: Yes, sir.

THE COMMISSIONER: And when you first switched, you had been on Winstrol some time earlier and you found that it didn't help you in your training. Is that right, you didn't like Winstrol.

25 THE WITNESS: I didn't like Winstrol.

THE COMMISSIONER: I think it sort of the tightened your muscles or -- I am not being too technical, right?

THE WITNESS: That's correct.

5 THE COMMISSIONER: And were you told -- it was Dr. Astaphan that supplied the Estragol?

THE WITNESS: That's correct.

THE COMMISSIONER: And you have told us that it came in these vials which we have seen here, one
10 of them --

THE WITNESS: That's correct.

THE COMMISSIONER: -- without a label. And up to that time, you had been very meticulous I think in going to your, what I might call your Bible, to check the
15 side effects of these various substances you were taking. Did you check it at that time?

THE WITNESS: I couldn't find the word Estragol.

THE COMMISSIONER: But you looked for it?

20 THE WITNESS: I looked for it, yes.

THE COMMISSIONER: Right. Did you ever discuss that with Dr. Astaphan?

THE WITNESS: No, I raised that with Charlie.

25 THE COMMISSIONER: And Mr. Francis said as

far as he was aware, that's what you were -- that's what the substance was because his source of information was Dr. Astaphan?

THE WITNESS: That's correct.

5 THE COMMISSIONER: And Mr. Francis said that what puzzled him was the fact that Stanazolol was found in the urine, and that if it had been another substance such as Estragol, then that could have happened and it could have been a valid test.

10 THE WITNESS: That's correct.

THE COMMISSIONER: I think you said Desai Williams once said that perhaps they were cutting it too fine?

15 THE WITNESS: That's correct, because we were discussing our theories.

THE COMMISSIONER: So that if the substance had been detected was the -- had been what you thought was Estragol, then there would be no sabotage theory developed?

20 THE WITNESS: That's correct.

THE COMMISSIONER: Is that right?

THE WITNESS: Yes.

25 THE COMMISSIONER: And in describing your reaction to what has been described as Estragol, and listening to you, I gather that you are suffering - not

the word suffering - you were receiving the same stiffness that you had experienced with Winstrol?

THE WITNESS: Yes, sir.

5 THE COMMISSIONER: And did you tell me it was Desai Williams or Mark McKoy who went to Dr. Astaphan and said we -- I don't like this Estragol. Which one would have said that? And he was told to say on that?

THE WITNESS: No, I don't recall saying that.

10 THE COMMISSIONER: Okay. Perhaps -- but the symptoms were quite similar to what you had experienced earlier?

THE WITNESS: That's correct.

15 THE COMMISSIONER: And did you ever discuss that with Mr. Francis or with Dr. Astaphan?

THE WITNESS: I discussed it with Mr. Francis.

THE COMMISSIONER: What was the decision?

20 THE WITNESS: Well, at the time Charlie told me that he had looked up Estragol and he had found that there -- he said something about it probably was a cleaning solvent, the word Estragol. But the point is that we weren't quite sure what the drug was, but that it was working.

25 THE COMMISSIONER: All right. So, he --

you carried on I think with limited doses I think you told us?

THE WITNESS: That's correct. And it was not until the Inquiry was called that Jamie told me that the name was Furazabol with a Japanese tradename of Miatalon.

THE COMMISSIONER: Now, Furazabol, did he tell you where it came from?

THE WITNESS: And I also -- I heard that it was a drug manufactured in Japan under the trade name Miatalon.

THE COMMISSIONER: Do you know whether it comes in a liquid form at all?

THE WITNESS: I have no idea, sir.

THE COMMISSIONER: And did you have, at any time, some doubts as to what this substance was?

THE WITNESS: Yes, sir.

THE COMMISSIONER: When did you first give some thought to that?

THE WITNESS: I think it was about the time when I couldn't find the word Estragol anywhere. And also because when I took anything, one cc or over, that I would have the same reaction as when we had used oral Winstrol that I -- I remember I would have a lot of discussions with Tony Issajenko. And I had also raised my concerns

with Mark McKoy and Desai Williams that I believed that it was probably Winstrol-V.

5 THE COMMISSIONER: You believed it was Winstrol-V. When did you arrive at that conclusion, after the Olympics?

THE WITNESS: Around 1987, but then I was not sure.

THE COMMISSIONER: Well, Winstrol-V is water-based Stanozolol?

10 THE WITNESS: That's correct.

THE COMMISSIONER: And had -- when you knew you were on Winstrol, did you ever have water-based Winstrol?

15 THE WITNESS: I have never heard of one, it was orals.

THE COMMISSIONER: Or an oil-based one, I am sorry.

THE WITNESS: Pill, in tablet form.

20 THE COMMISSIONER: Did you ever have Winstrol by an injection?

THE WITNESS: No, sir.

25 THE COMMISSIONER: Yesterday I think when you were asked about your feelings I guess it was about Dr. Astaphan, you hesitated. And I think that's the first time I have notice you hesitate in your answers all the

time in the witness box. Was that because you are now not certain what the drug was that you were being given.

THE WITNESS: Yes, sir, because I had made a promise to myself that I would never ever again take
5 Winstrol.

THE COMMISSIONER: All right. Well, it has been a trying experience for you that the Commission has put you through to spend so much time openly discussing so much of your private life. And I want to
10 thank you for your frankness. Thank you.

We will just take a short break to get the next witness ready. Is there another witness.

MS. CHOWN: Yes.

MR. O'CONNOR: He is right here.

15 THE COURT: We will take a short break.

--- Short recess.

20

25

---Upon resuming.

MS. CHOWN: Mr. Commissioner?

THE COMMISSIONER: Ms. Chown.

5 MS. CHOWN: Our next witness is Tony
Issajenko.

THE COMMISSIONER: Thank you.

TONY ISSAJENKO: Sworn

10

MR. O'CONNOR: Just before we begin, Mr.
Commissioner, I'm acting for Mr. Issajenko and although I
realize it may not be necessary I'd like, out of an
abundance of caution on his behalf, to simply object to
15 answering the questions recognizing he will be compelled
to do so in order to invoke the protections under Section
5 of the Canada Evidence Act and Section 9.

THE COMMISSIONER: I'll take the view on his
behalf, object to each and every question, and I direct
20 him to answer and the law takes over from there.

MR. O'CONNOR: That's fine.

THE COMMISSIONER: All right. I'm afraid
I've been mispronouncing your name for three days.

THE WITNESS: Issajenko.

25 THE COMMISSIONER: Issajenko. Thank you. I

am awfully sorry.

MR. ARMSTRONG: We all have.

5

THE COMMISSIONER: We have all have. I've been saying Issajenko. That's the way it's spelled but that not the way it sounds. I am sorry.

MR. ARMSTRONG: You have to understand, Ms. Issajenko pronounces it her own way. She and I had a discussion about that before we called her. So, it's my fault.

10

THE COMMISSIONER: Well, all right. I withdraw my apology. I speak about you, Mrs. Issajenko. But Mr. Issajenko is now in the box.

MS. CHOWN: That's right, Mr. Commissioner, yes. Mr. Issajenko here.

15

---EXAMINED BY MS. CHOWN:

Q. Mr. Issajenko, I understand that you were born in Toronto and you've lived most of your life in Toronto or the Toronto area?

20

A. That's correct.

Q. You attended public school in Toronto and you also attended high school at HumberSide Collegiate Institute and C.W. Jefferies Collegiate Institute?

A. That's correct.

25

Q. At the present time you are not

actively competing in athletics?

A. No, I'm not.

Q. But you own and operate a woman's shoe store in Toronto?

5 A. That's correct.

Q. I'd like to talk first with you about your own athletic background. I understand that you started running at an early age when you were in public school?

10 A. That's right.

Q. How old were you?

A. I was 11.

Q. And when you competed for your school at age 11, I understand in 1975, '76, you were ranked 10th in Ontario for the 100 metres?

15

A. That's correct.

Q. You continued to compete at age 13 and I believe at that time, you were ranked 1st in Ontario in the 50 metres?

20 A. That's correct.

Q. And that would be in 1977?

A. Yes.

Q. And further, in 1978 at age 14, you continued to maintain your rank as number one in Ontario in that age class for 50 metres?

25

A. That's correct.

Q. And am I also correct in understanding that you won the Toronto championships for 50 metres at that age?

5 A. That's correct.

Q. You broke the Ontario high school record for 100 metres for your age class?

A. That's correct.

THE COMMISSIONER: What was your time?

10 THE WITNESS: 10.87.

MS. CHOWN:

Q. In the early years of your running, Mr. Issajenko, who was your coach?

15 A. It would be my father and a gentleman by the name of Brian Barnes. He used to be a coach for the Scarborough Optomists.

Q. I understand however that in 1981, you became acquainted with Charlie Francis or, in fact, you had met him before 1981?

20

A. I had met him before, yes.

Q. And he became your full-time coach in 1981?

A. That's correct.

25 Q. When you were 16 years old?

A. That's correct.

Q. And did you also at that time become a member of the Scarborough Optomist Track and Field Club?

A. I was a member of the Scarborough
5 Optomist well before that, with Brian Barnes.

Q. And at that time, in 1981, did you meet Angella Taylor?

A. Yes, I did.

Q. And you subsequently were married to
10 Miss Taylor who is now Mrs. Issajenko?

A. Exactly.

Q. I understand that Mr. Francis continued as your coach until up until you retired from active competition in 1985?

15 A. That's correct.

Q. I'd like to deal now with your own competitive career as a sprinter, once you were being coached by Mr. Francis, that is the period 1981 to 1985.

I understand in 1981 you competed in the
20 Canadian Junior Championships which is for athletes 19 years of age and under?

A. In 1982.

Q. 1982? That was in the 200 metre race?

A. That's right.

25 Q. What was your placing?

A. It was 4th in the final, the 200.

Q. And I understand, though, that you last ran competitively in the summer of 1985 at the Canada Games trials?

5 A. That's correct.

Q. What event did you run in?

A. I competed in the 100 metres.

Q. Your time?

A. A disappointing 11.2.

10 Q. You placed some stress on the word disappointing. Did your time in that race have any effect on your decision to retire from athletics?

A. It did.

15 Q. And I understand, as well, that you had been plagued with injuries from the period of 1981 to 1985?

A. I would say between the years 1982 to '85, yes, and a good portion of that time I was injured.

20 Q. And did that also effect your ability to compete as effectively as you would have wished?

A. There is no doubt, yes.

Q. When your daughter was born in September of 1985, I understand after that time then you made a decision to leave competitive sports?

25 A. At that point, yes.

Q. Mr. Issajenko, I'd now like to turn to your own knowledge and involvement with anabolic steroids.

I'd like to deal, first of all, with the period prior to 1981, that is before you were being coached by Mr. Francis. You were a young athlete at that time?

A. Yes.

Q. Sixteen years of age, in 1981. Can you tell me what information or knowledge you had about anabolic steroids as a high school student in Ontario?

A. Very little knowledge of the side effects or the actual use of the steroids. But I did know that they existed in the high school level among the football players and the lifters.

Q. Were you familiar with the use of anabolic steroids by high school sprinters?

A. By high school sprinters at that point, no.

Q. I take it from your answer that you, yourself, did not take anabolic steroids ---

A. I did not.

Q. ---at that time. Turning then to the period 1981 and after, up until the present, when did you first receive any information about anabolic steroids?

A. I first received information on

anabolics upon meeting Angella Taylor at the time.

Q. Yes?

A. That would have been in the year 1982. She had told me at the time that she was and had taken
5 anabolics.

Q. Did she provide you with the specifics of what anabolics she was taking?

A. She did, yes.

Q. What did she tell you?

10 A. I was familiar with aqueous-testosterone and Dianabol, Primobolan and Depo-Testosterone, at that point.

Q. What was your response to this information provided to you by Ms. Taylor?

15 A. It quite frankly didn't surprise me. I was interested to hear of the different types of steroids available.

Q. Did you have any discussions with Mr. Francis in or about 1982 concerning anabolic steroids?

20 A. In the latter part of 1982, yes. At the time I was sprinting myself and I had direct knowledge that steroids do help you train harder. They help you do what an athlete wants to do most and that is be able to compete and run at the full potential. So, of course, I
25 felt no reason why perhaps I shouldn't do the same.

Charlie advised me at the time that perhaps I was a little too young and that there could be one particular side effect at that age, not being physically matured, and that is that your epiphyseal plates will actually close and could stunt your growth.

Q. You're talking about the eiphyseal plates on -- that's part of your bone structure?

A. Bone structure, yes.

Q. At the time you had this discussion you with about 18 years old?

A. In 1982, no. I would have been 16 going to 17 in '82.

Q. And did you accept Mr. Francis' advice as to the effect that taking anabolic steroids might have on somebody your age?

A. Absolutely. And I didn't take them.

Q. Following these discussions that you've referred to then in 1982, did you yourself seek out any further information on anabolic steroids?

A. I did. I was rather inquisitive about the topic. I knew that it was inevitable that I would at some point be taking anabolics. Charlie provided me with literature, Angella had written to doctors, primarily Dr. Kerr, and he had provided a book.

Q. Did you read that book?

A. I did.

Q. And the literature that Mr. Francis gave you, in general terms, what was that about?

5 A. Case studies of steroid use, dosages, side effects, the effects of steroids, whether it be psychological or physical.

But there was no doubt in my mind at that time that they will do the job.

10 Q. Did you take any other steps yourself to acquire any further information?

A. I did. I was very curious. I would go to the local library, at that point it was York University, and simply, at that point, I wouldn't know where to start from but I would leaf through the New
15 England Journal of Medicine, hoping to find something about steroids.

Q. As a result of your attempts to locate information at York University, did you, in fact, come across articles and read them?

20 A. It was difficult to find articles on steroids and their enhancement of athletic performance. So, it was difficult to find information there. Information is very specific pertaining to athletics.

25 Q. And as a result of the reading and the discussions that you had, did you come to any conclusion

about your opinion of the side effects of anabolic steroids, when they were used, and the dosages you understood them to be used by sprinters?

5 A. In moderation, I felt there would be no side effects.

Q. Just to be absolutely clear here, you referred earlier to Mr. Francis' statement about a concern about young individuals not fully matured using anabolic steroids and the effect of that on their bone growth?

10 A. On bone growth, yes.

Q. Did you accept that as a valid side effect?

A. I accepted that as a possibility.

15 THE COMMISSIONER: I think you said at that time you didn't take any steroids, was it, for a couple of years?

THE WITNESS: I did not, no. That would have been in 1982 and I did not. I was considering and I was inquiring....

20 THE COMMISSIONER: Right.

THE WITNESS: But there were certain warnings that Charlie had given me at that point.

MS. CHOWN:

25 Q. And you took those warnings ---

A. And I took those warnings.

Q. ---seriously. When did you, yourself, first take anabolic steroids?

A. In the fall/winter of 1984.

5 Q. Please tell us what led up to your decision at that time to begin on a program of anabolics?

A. Prior to that, I had suffered years of injuries and I'd considered myself a hopeful sprinter in Canada. I was 19 years old at the time. It was my final
10 attempt to re-establish myself as a sprinter.

So at that point, I resumed training on the track, actually with Charlie -- prior to that I had been lifting and staying in shape -- and I decided that, one, I was physically mature.

15 Secondly, that I had decided once again to step onto the track and, thirdly, that perhaps steroids would help me at that point and I would be ready and physically mature so that the one side effect that had concerned me would be of no relevance.

20 Q. Did you discuss this with Mr. Francis at that time?

A. I did discuss it with Mr. Francis. Charlie Francis had a view whereby there was no point in putting the icing on the cake without having the cake. I
25 disagreed with him at that point.

Q. I think we can understand what you mean but in talking about sprinters, what's the cake?

A. The cake; reaching a certain level in the event. Perhaps reaching a certain time whereby it would be justified, perhaps, of taking that extra step on the international scene.

It was important for me at that point to -- I had certain goals in the 100 metres and in order to keep one's motivation in the sport, especially at the age of 20, you have to reach a certain level or else you tend to give up.

I felt that, at that time, that the steroids would give me the extra edge to at least give me the psychological advantage to maintain the sport, to stay in the sport.

Q. Are you saying that Mr. Francis agreed or disagreed with your view of the situation?

A. He agreed that no doubt that it would help.

THE COMMISSIONER: Was he of the view, though, at that stage you weren't -- your performance really wasn't that promising, that you didn't -- you weren't ready for the icing?

THE WITNESS: In some ways, yes, and he didn't feel as though I had the background because

starting in 1984 I had been training for only two months before starting the anabolics.

So part of the reason could have been the fact that the background wasn't there and, secondly, that I hadn't actually reached the level.

THE COMMISSIONER: So he said in the sense that you weren't at a stage where you should consider anabolic steroids at that time, is that what you're saying? I'm just trying to get it.

THE WITNESS: Yes, that's what he said. But the bottom line was that he left it up to me.

THE COMMISSIONER: I see.

THE WITNESS: In some ways, I do feel he believed that it would give me that psychological advantage that I needed in order to keep up with the sport.

THE COMMISSIONER: Right.

THE WITNESS: And I think Charlie did have faith in me as a sprinter but because of the injuries that I had suffered, it causes problems and that is, you lose motivation.

MR. CHOWN:

Q. Notwithstanding these views that Mr. Francis expressed to you, did you then form your decision

in any event to go ahead and take anabolic steroids?

A. I did form my own decision and that decision was to take steroids.

5

10

15

20

25

Q. You said this was in the fall of 1984?

A. That was the fall of 1984. I had begun my program in November of '84.

Q. What anabolic were you taking?

5 A. It was Dianabol.

Q. Tablets?

A. Tablets, yes. Oral Dianabol.

Q. Where did you get these tablets from?

10 A. Angella had a bottle of Dianabol at the time.

Q. What cycle did you go on?

15 A. I had intended on a 12-week cycle, three weeks on, one week off, again three weeks on, one week off, and once again still three weeks on, one week off. Unfortunately, I didn't have enough Dianabol to last, so it was interrupted at one point.

Q. Who gave you--was it your idea to go on a cycle of this kind or did you get advice from someone else as to how to structure the cycle?

20 A. A combination of a few things. A combination of the literature I had read, Angella's advice, Angella Taylor's advice at that time and Charlie's.

25 Q. You have indicated you were three weeks on, one week off. What was your daily dosage during that

cycle?

A. 5 milligrams.

Q. Did you ever increase during the cycle above a daily dosage of 5 milligrams?

5 A. I did increase for one week to 10 milligrams.

Q. Would that be one week out of each three weeks?

A. That's correct.

10 Q. And then you reduced again to five?

A. I didn't pyramid. That would have been the final week of 10 milligrams, although I intended a 12-week cycle. I believe only six weeks of steroid use at that time.

15 Q. And that was because you said you ran out of tablets?

A. We ran out of Dianabol.

Q. Were you competing in or about the time in late 1985 -- or not late 1984, early 1984?

20 A. Late 1984, no, I was training.

Q. During that time, did you have any discussion about clearance times of Dianabol?

A. Yes, I did.

Q. With whom?

25 A. With Charlie and Angella.

Q. What information did you receive on clearance times of oral Dianabol?

A. That it would take 28 days to clear.

Q. During your training then once you were embarked on this cycle of oral Dianabol, did you notice any effects, first of all physically, that you attributed to taking the drug?

A. Physically, yes. I had gained ten pounds within two weeks, my performances at the track would have improved over 60 metres by about one-tenth of a second. Mind you, I hadn't been competing at the time, but often we would run -- Charlie would time us over 60 metres. Charlie's time would be off normally by six-tenths of a second in my favour, but certainly within a two-month period, my times had started over 60 metres, hand-held time at 6.35 to the point where I was consistently running 6.19, 6.2.

Q. Over what time period did you notice this improvement?

A. Well, I had started training at that point two months prior, but I noticed the most significant improvements was when I had started taking the anabolics.

Q. Did you notice those improvements immediately or within a period of weeks?

A. At that point I had been taking

anabolics for two weeks, so I would say within two weeks.

Q. Were there any other effects that you noticed, that you attributed to the anabolics in training?

A. Well, aggression. Actually, I wouldn't
5 call it aggression, I would call it enthusiasm. A general
sense of wellbeing, the ability to recover from workouts
very quickly. Prior to that, particularly in 1982, I
would train with Angella, and her and I would do the same
program. The next morning I was sore and Angella was
10 fresh, so I suspected that that was one of the advantages
to steroid use.

Q. Now you have told us that you started
on this cycle of oral Dianabol in November 1984. You
believe you took about six weeks of the cycle before you
15 ran out of tablets which would take us into December of
1984. Can you tell me if you continued to take anabolic
steroids in 1985?

A. In 1985, yes.

Q. What was your source for anabolics in
20 1985?

A. January 2nd of 1985 I had seen Dr.
Astaphan.

Q. Let me just stop you there. What
brought you to see Dr. Astaphan?

A. I was well acquainted with Dr. Astaphan
25

at that point.

Q. Why was that?

A. Through Angella and through Charlie.

Q. Had you met him at the track?

5 A. I had met him at the track and actually
in his office.

Q. Had you accompanied Mrs. Issajenko to
his office?

A. I had.

10 Q. But you, yourself, had not been a
patient of Dr. Astaphan's prior to January of 1985?

A. No.

Q. Please tell me then how you came to see
him on January 2nd, 1985.

15 A. My intention was to be monitored by Dr.
Astaphan, to have him do the appropriate tests, blood
profiles, general physicals, to make for certain that I
wouldn't suffer any ill effects and that the steroid that
I had chosen was perhaps the most effective.

20 Q. And when you use the word monitor and
go for blood tests, are you referring to your desire that
Dr. Astaphan monitor your use of anabolic steroids?

A. Monitor my use, yes, and monitor my
health as well.

25 Q. All right. What do you recall of your

first visit to the doctor?

A. As I mentioned earlier, we at that point were well acquainted. So I came right out with the reason I had come to see him, that I needed his help in
5 establishing a good steroid program. I understood at that point that he was seeing a few of the Mazda -- or at that time Scarborough Optimist athletes.

Q. Did you tell him that you had, yourself, been on a cycle of oral Dianabol in November and
10 December of 1984?

A. I did.

Q. Did he carry out any examination of you during that visit?

A. He did. As I said, those were blood
15 profiles, urinalysis and a general physical.

Q. What was the substance of your discussion with him about anabolic steroids?

A. I had mentioned to him that I had resumed training, of course, and that was why I had
20 started the Dianabol, and that I planned on maintaining a program of steroids and that I simply needed his help in determining proper dosages in my case and, of course, at that point I had run out of Dianabol.

Q. Did he prescribe or provide to you an
25 anabolic steroid on the occasion of your first visit?

A. On the occasion of my first visit, no.
After about a week after my first visit.

Q. Did you go back to see him?

A. I went back to see Dr. Astaphan and he
5 did give me Winstrol tablets.

Q. Did you have any discussion with him as
to whether he would provide you with Dianabol?

A. Yes, we did. He preferred Winstrol at
the time.

10 Q. Did he give you a reason for that?

A. I had faith in Dr. Astaphan. I trusted
him. He had very good judgement I felt at that point of
what was best for the athlete in terms of a steroid
program. So I didn't feel that I was in a position to
15 question why he chose Winstrol over Dianabol.

Q. Did he provide you with a suggested
program to follow in taking the Winstrol?

A. The Winstrol, yes. He provided me with
20 to 28 tablets. I say 20 to 28 because I don't recall
20 whether I actually had taken the Winstrol over 10 or 14
days, but he had recommended that I do start with the
Winstrol for that period of time and then begin with
water-based Dianabol, which is not an oral but an
injectable.

25 Q. Okay. Staying with the Winstrol for a

moment, do you recall the per-day dosage he suggested?

A. Four milligrams a day.

Q. Winstrol I understand comes in small tablets?

5 A. That's true.

Q. What color are they?

A. They are pink.

Q. How many tablets a day did you take to get 4 milligrams?

10 A. Two.

Q. You said he provided you with either 20 or 28 tablets. Were these in a bottle?

A. They were not in a bottle but a plain envelope.

15 Q. Did he have any discussion with you about clearance time of oral Winstrol?

A. I vaguely remember a conversation about clearance times at that point. At that point clearance times were not of particular interest to me.

20 Q. Why was that?

A. To the best of my knowledge, there were no meets that I had planned competing in where there would be testing.

25 Q. Do you have any recollection though, in any event, of what clearance time he indicated to you?

A. Dr. Astaphan had felt safe with 28 days in most cases. He would later on, depending on the substance, felt that the clearance times could range between two weeks and 28 days.

5 Q. You also indicated that he suggested you begin on a program of injectables, and in particular water-based Dianabol?

A. That's correct.

10 Q. How was this to be used with the Winstrol tablets?

A. The water-based Dianabol was to begin after ending the first cycle of oral Winstrol.

15 Q. Just before we get to that, did you then take the tablets that he had provided to you in the envelope?

A. I did.

Q. Over the appropriate time period as he had indicated to you?

A. I did.

20 Q. What reaction, if any, did you have to the oral Winstrol?

A. The reaction is very similar to the Dianabol. However, in my case, there seemed to be less water retention with the Winstrol.

25 Q. Okay.

THE COMMISSIONER: So that would be an advantage then, would it? That would be an advantage?

THE WITNESS: I felt so at the time, yes.

5 MS. CHOWN:

Q. Then sometime in January or February of 1985, did you commence receiving injections of water-based Dianabol?

A. I did.

10 Q. Who gave you those injections?

A. Dr. Astaphan.

Q. What was the color of the injection, color of the fluid?

15 A. It was a white fluid, milky white. It was a suspension in a saline solution.

Q. Did Dr. Astaphan draw up the anabolic when you attended at his office in front of you?

A. He did.

20 Q. Did you see the vial from which he took the--

A. Yes, I did.

Q. Did it have a label on it?

A. It did not.

25 Q. Do you recall at this time how long a cycle of injectable Dianabol you were on at that period in

1985?

A. At that period it would have been, once again, a 12-week cycle in my case, three weeks on, one week off, three weeks on. At that point, I believe in
5 February, I would have been beginning my second cycle.

Q. Did you ever pay Dr. Astaphan either for the oral Winstrol tablets you received or the injections of Dianabol?

A. For the oral Winstrol, definitely not.
10 For the water-based Dianabol, I felt guilty going in and getting my injections, again not requesting any payment. I did offer him money to at least cover the costs of the water-based Dianabol so we did make some arrangements whereby I would pay him for the injections.

15 Q. Okay. And did you make payments to him?

A. I did.

THE COMMISSIONER: I'm sorry, I didn't hear the question.

20 MS. CHOWN:

Q. Did you make payments to him?

A. I did.

Q. Continuing then in 1985, I understand
25 in March you accompanied certain other members of the

Mazda club to a training camp in Tallahassee?

A. That's correct.

Q. Do you recall at this time who was at that camp?

5 THE COMMISSIONER: What date is that now, Miss Chown?

MS. CHOWN: March of 1985.

10 A. Mike Sokolowski, Dave McKnight, Tony Sharpe, Kevin Tyler, Andrew Devlin, Ben Johnson, and other high school athletes from Central Tech.

Q. Did you, yourself, receive any injections of anabolic steroids at that training camp in March of 1985?

15 A. At that training camp, yes.

Q. Who injected you?

A. Mike Sokolowski.

Q. And was that with water-based Dianabol?

A. It was with water-based Dianabol.

20 Q. Are you aware of who brought the anabolics to the training camp?

A. Charlie Francis had brought the anabolics to Tallahassee.

25 Q. Did he keep the vials with him during the training camp?

A. For a good part of the time, he did, but I do recall that at some point the bottle was kept in the room by Mike Sokolowski and David McKnight.

Q. They were sharing a room?

5

A. They were sharing a room.

Q. I understand you were at that training camp or at least in Florida for about seven to ten days and then you returned to Toronto sometime in April of 1985?

10

A. The end of March, early April, yes.

Q. At that time did you resume your visits to Dr. Astaphan for the purpose of receiving injections of anabolics?

A. For a short period of time, yes.

15

Q. What anabolics were you receiving from the doctor at that time?

A. Water-based Dianabol.

Q. We have heard a lot from both Mrs. Issajenko and the other witnesses about inosine. Did you ever receive injections of inosine?

20

A. Inosine and B12, yes.

Q. Now I understand in April of 1985, unfortunately you were injured in training?

A. Yes, I was injured once again.

25

Q. What was the nature of your injury?

A. It was a tendon strain in my hamstring.

Q. Following that injury in April of 1985, did you continue to take anabolic steroids?

A. Following that injury, no.

5 Q. We have heard earlier that you did go on to compete in the summer of 1985 and then retired in the fall of 1985?

A. That's correct.

10 Q. And why did you not continue with the use of anabolics after April of 1985?

A. I didn't feel that anabolics would help in the recovery of a tendon. All anabolics do have water retention qualities which doesn't assist in the early stages of healing of a tendon or for a muscle in that matter. And as a result of the injury, my training was not as intense.

15

Q. Although you have indicated that you, yourself, took no further anabolics after April of 1985, did you continue at that point up until 1988 to be involved at all in administering anabolics to other athletes?

20

A. Yes, I was.

Q. With respect to the administration of anabolics, I understand in 1984 you attended a training camp with other Mazda athletes in Guadeloupe?

25

A. Yes, I did.

Q. And as we know from your earlier testimony, in the spring of 1984, you, yourself, were not on anabolic steroids?

5 A. In 1984, no, I was not.

Q. At that training camp, we have heard evidence from Mrs. Issajenko that she and you had a separate apartment?

A. That's right.

10 Q. And the other athletes stayed at a training facility called the Creps?

A. That's correct.

15 Q. And we have also heard from Mrs. Issajenko that you and she kept anabolics and growth hormone in your apartment near the Creps?

A. That's correct.

Q. Did you during that spring training camp administer an injection of anabolic steroids to any athletes?

20 A. Yes, I did.

Q. To whom?

A. To Angella Issajenko, to Tony Sharpe, and to Ben Johnson.

25 Q. What did you administer to Mrs. Issajenko?

A. Growth hormone and aqueous testosterone.

Q. Where were these injections administered?

5 A. In our bedroom at the apartment.

Q. What did you administer to Tony Sharpe?

A. The same, aqueous testosterone and growth hormone.

Q. And to Ben Johnson?

10 A. The same once again, aqueous testosterone and growth hormone.

Q. Did you, yourself, draw up the drugs prior to administering them to these three athletes you have mentioned?

15 A. I would draw them up myself.

Q. And, Mr. Commissioner, I wonder if we might have Exhibit 124, please.

How did it come about that you were doing an injection, Mr. Issajenko?

20 A. At that point it would have been a matter of coincidence. I don't recall exactly why I was the one designated that night to give the injections. Normally at that point Angella would.

25

Q. I have just put before you, Mr. Issajenko, Exhibit 124, which is a box containing a vial of testosterone. Is that similar to the vial of testosterone that you and Ms. Issajenko had in your apartment in Guadeloupe?

A. Yes, it is.

Q. And was it from a bottle similar to that that you drew up the aqueous-testosterone to inject?

A. Yes, it was.

Q. And dealing with Ben Johnson, do you recall now whether he was present when you drew up the aqueous-testosterone from a vial similar to Exhibit 124?

A. He was present. Any time I gave anybody an injection, they were always present in the room.

Q. And would he have also seen you draw up the growth hormone?

A. Yes, he did.

Q. And were those two substances then mixed in the same syringe and then injected?

A. Yes, they were.

Q. And on the occasion that you injected Mr. Johnson, did you form an opinion as to whether he knew that he was receiving growth hormone and an anabolic steroid, being aqueous-testosterone?

5 A. I would never have considered injecting anybody with anabolics if I wasn't quite sure that they knew what they were getting. I had no doubts that he knew, as I had no doubts that Angella knew what she was taking, and that Tony Sharpe knew what he was getting.

Q. How did you know what dosage to administer to Mr. Johnson, Mr. Sharpe and Ms. Issajenko?

A. Charlie would recommended the dosage, and I would draw up the dosage.

10 Q. And do you recall at this time what dosage you administered to Mr. Johnson and Mr. Sharpe?

A. I do recollect the amount of growth hormone, that would have been one cc. I do not recollect the exact amount of testosterone.

15 Q. You indicated that when you injected Ms. Issajenko, you did it in the apartment, in the bedroom of the apartment that you and she had. Was that the same place that you injected Mr. Johnson and Mr. Sharpe?

A. That's correct.

20 Q. Was anyone else present while you injected Mr. Sharpe or Mr. Johnson apart from the two of you?

25 A. That particular night, yes. There were a few other athletes at the apartment to receive injections of Vitamin B-12. Angela Phipps was present in

the apartment, however not in the actual bedroom. And Charlie Francis, of course, as well as the three other athletes.

5 Q. But just so we are absolutely clear, at the time that you were actually administering the injection let us say to Mr. Johnson, was anyone else in the room --

A. In the room.

Q. -- besides you and him?

10 A. No.

Q. Did you at any other point ever inject Mr. Johnson?

A. No, I did not.

15 Q. I think this is clear but just so we are clear on that. Prior to that injection, had you ever injected him in the past?

A. No.

Q. At any other times had you ever had a discussion with Mr. Johnson about anabolic steroids?

20 A. I do recollect in 1981 when I had resumed training with Charlie, I had been absent from the track and no one from the group had seen me for a good six months, and I was training on my own and I was lifting on my own, and I also was using a faradic muscle stimulator
25 which actually contracts the muscles. So I had grown or

acquired a considerable -- had grown considerably in muscle mass.

So that day when I had appeared at the track the joke was whether I had in fact taken steroids. And Ben would jokingly say, Tony, had you been taking
5 steroids, you look so much bigger.

Q. Do you recall him actually using the word "steroid" as you have just indicated?

A. The word steroids, yes.

10 Q. Have you had any other discussions with Mr. Johnson concerning anabolic steroids?

A. I recall only one other discussion Ben Johnson and I had. And that would have been in the spring of 1985. At the time I was taking water-based Dianabol, and I was aware at the time that Ben himself was taking
15 water-based Dianabol.

Q. How were you aware of that?

A. At that point, it would have been through Angella, through Charlie. Amongst the group, there no secrets regarding the anabolics. So, bearing that in mind, and having at one point started on oral Dianabol, and knowing once again that Ben had done oral Dianabol, I had asked him to make the comparison between the water-based Dianabol. I didn't use water-based
20 Dianabol. I had asked him -- I referred to it as the
25

"white stuff". It was too formal to call it water-based Dianabol, but I did refer to the steroid Dianabol as Dianabol.

Q. We are getting a bit confused here.

5 When you referred to tablets of Dianabol you used --

THE COMMISSIONER: I think you are trying -- you asked him to compare Dianabol, the tablet, with Dianabol with the white stuff?

THE WITNESS: With the white stuff, yes.

10 THE COMMISSIONER: So, you used the word Dianabol for the pill and white stuff for the liquid.

THE WITNESS: That's correct.

MS. CHOWN:

15 Q. And you were asking him for his opinion as to --

A. For his opinion as to which he felt gave him a bigger he kick, so to speak.

Q. Did he respond to you?

20 A. He did respond.

Q. What did he say?

A. He said he was -- felt he had a better kick with the water based, rather the white stuff.

25 Q. The words that he used were he preferred or he got a better kick out of the "white

stuff"?

A. Astaphan's white stuff, yes.

Q. Astaphan's white stuff.

THE COMMISSIONER: What do you mean
5 "kick", you mean starting or is it -- what does it mean,
kick?

THE WITNESS: I imagine when an athlete
begins a steroid program, they actually feel something
different, either aggression.

10 THE COMMISSIONER: They are feeling little
more quickly? You used the word kick?

THE WITNESS: Not necessarily more quickly,
but the fact that they can perhaps carry out their
workouts a bit better, just a better feeling.

15 THE COMMISSIONER: The word used was kick.
I am just wondering what you took by that.

THE WITNESS: I believe that he felt that
the water-based Dianabol was more effective than the oral
Dianabol.

20 THE COMMISSIONER: I see.

MS. CHOWN:

Q. Now you have told us about the
injections that you did in Guadeloupe in the spring of
25 1984. Turning to March of 1985, when we are aware that

you were at a training camp in Tallahassee and you indicated in your earlier testimony that Mike Sokolowski had injected you, did you yourself at that training camp inject other athletes?

5 A. Yes, I did.

Q. Who?

A. I in turn injected Mike Sokolowski, Dave McKnight; Tony Sharpe, I don't I believe he was receiving injections, I don't recall injecting him
10 actually. But I do recall Ben Johnson as well.

Q. What were you injecting?

A. Water-based Dianabol.

Q. And again when you drew up the drugs for those injections, did you do so in front of the
15 athletes that you were going to inject?

A. In front of the athletes, yes.

THE COMMISSIONER: What was the water-based Dianabol contained in? There was no label on it, I
gather?

20 THE WITNESS: There was no label, no. It was contained in a vial, a clear vial, but it would be larger than this.

THE COMMISSIONER: I see.

MS. CHOWN:

25 Q. Where did the injections take place

that you carried out in Tallahassee?

A. The injections had taken place in a room shared by Michael Sokolowski and Dave McKnight. The injections were done once again in the bathroom.

5 Prior to gathering in the room to give the injections, it was normally done in the morning every second day at that time, all the drapes would be drawn. Because there were other athletes who were not involved with the Mazda group or the Scarborough Optimist at that
10 time and who were not taking anabolics, we felt that by no means should they hear or see what was going on. So we took every precaution that we could to make sure of that.

Q. You are saying you drew the drapes to the room and then the injections were actually carried out
15 in the bathroom?

A. In the bathroom.

Q. How did the athletes know, for instance, that they were to come on a particular day at a particular time?

20 A. At that time, I was rooming with Ben Johnson, and when the time was ready and we could gather everybody involved, I would ask Ben, come on, let's go and get the shots.

Q. Now, on how many occasions did you
25 inject Mr. Johnson in the spring of 1985 in Tallahassee?

A. Between two and three times.

Q. Was each injection of water-based Dianabol?

A. Yes.

5 Q. And did you form any opinion as to whether he understood what he was receiving from you?

A. Yes, I believe he understood. Once again in 1984, in Guadeloupe, I had no doubt that he knew nor did I have any doubt in 1985. There were general
10 jokes about the anabolics, the effects of one's libido. Normally to one's advantage, so, of course, they would brag in that sense.

Q. Were these jokes that Mr. Johnson participated in as well?

15 A. Well, the whole group would participate, including Tony, Ben, and myself, everybody would.

Q. All right. Now, you have also told us that when you returned to Toronto after being in
20 Tallahassee, you yourself resumed going to Dr. Astaphan's office for injections. What days did you go there in each week?

A. Between two and three days a week.

Q. Did you ever see other athletes from
25 the Mazda group attend at his office the times you were

there?

A. On occasion.

Q. Who did you see there?

5 A. I would normally go to see Dr. Astaphan
with Dave McKnight. On occasion I would see Mike
Sokolowski, Ben, Tony Sharpe.

Q. Was anyone else present while you
received your injections from Dr. Astaphan apart from you
and the doctor?

10 A. No, I was alone.

Q. Then at any time after the spring of
1985, when you were in Tallahassee, did you inject Ben
Johnson again?

A. No, I did not.

15 Q. Now, your wife has been on the stand
for the last few days. Have you been following her
evidence?

A. Yes, I have.

20 Q. And she has given evidence about her
own continued use of anabolics through 1986, 1987, and
1988. Did you hear that evidence?

A. Yes, I did.

25 Q. And from time to time she indicated
that you injected her with anabolics at your home in
Toronto?

A. That's correct.

Q. And elsewhere?

A. That's correct.

5 Q. And without going into the specifics
and the details of all her testimony, do you confirm the
picture of her own use of drugs that she gave?

A. I do.

Q. And your involvement in the
administration?

10 A. That's correct.

Q. And finally, Mr. Issajenko, turning
briefly to the Olympics in Seoul in the fall of 1988, I
understand first of all you were not in Korea?

A. I was not in Korea, no.

15 Q. How did you first hear about the
positive test of Mr. Johnson?

A. Over the radio.

Q. What was your reaction to the
announcement of this positive test?

20 A. I was shocked, to say the least.

Q. Why was that?

A. The group had been involved with
steroids at that point for nearly nine, ten years. They
had been tested many times, never with any doubts as to
25 whether they would pass or not. They would take every

precaution. So, it was a shock to me to learn that Ben Johnson had tested positive.

Q. We have heard from your wife that she and you spoke on the telephone while she was still in Korea and you were in Toronto?

A. That's correct.

Q. And she indicated that you had had a conversation with Mr. Francis and had passed some information on to her as a result of that conversation?

A. That's correct.

Q. Can you tell me what information you received from Mr. Francis that you told Ms. Issajenko about?

A. Charlie was concerned that perhaps there was some form of sabotage. He was rather suspicious of one individual, and he had wanted me to speak to Angella and to perhaps warn her that at the time a gentleman close to the group could have somehow have spiked or administered steroids in some other way.

Q. Was this, did he refer to the use of DMSO as a possible agent?

A. He did refer to DMSO.

Q. Did you subsequently pass that information on to Ms. Issajenko in a telephone call?

A. I did.

Q. Did you yourself have any particular reaction to the likelihood or the plausibility of that theory at that time?

5 A. At that time, certainly sabotage I felt was a possibility. The gentleman in question at that point I had suspected --

THE COMMISSIONER: I am not sure, Ms. Chown, how helpful this part of it is, frankly. These are suspicious which are -- I don't think they help very much.

10 MS. CHOWN: Mr. Commissioner, those are all the questions that I have for this witness.

THE COMMISSIONER: All right. Thank you. We will take a short break and you can speak to counsel about the order of examination.

15 MS. CHOWN: I will.

THE COMMISSIONER: Thank you.

--- Short recess.

--- Upon resuming

20 THE COMMISSIONER: Mr. Steinecke for the College of Physicians and Surgeons.

--- EXAMINATION BY MR. STEINECKE:

25 Q. Just a few questions, Mr. Issajenko.

Did Dr. Astaphan ever advise you of the risks and side effects of anabolic steroids?

A. Yes, he did.

Q. What did he tell you?

5 A. Every side effect you would like me to mention or some of the side effects?

Q. Well, how long a discussion did you have with him?

A. A good half a hour.

10 Q. Was this on your visit of January 2nd, 1985?

A. Yes.

15 Q. And were these side effects and risks in respect of anabolic steroids in general or in respect of the one or two that you were discussing with him?

A. Respect to both, anabolics in general, and, specifically, to the anabolics in question.

Q. Did he give you any written documentation?

20 A. Written documentation, no.

Q. And did he ask you to sign anything?

A. He did not.

Q. You said that you paid for some of your injections of the Dianabol?

25 A. Water-based Dianabol, yes.

Q. And this was for the cost of the drug?

A. That's correct.

Q. And that's what Dr. Astaphan told you the money was for?

5 A. That's correct.

Q. And how much did you pay him for each injection; do you recall?

A. I didn't pay per injection, I paid per vial.

10 Q. How much did you pay per vial?

A. I do not recollect how much I paid.

Q. Between January 2nd, 1985, when you first went to see him and the time of your injury in April of '85?

15 A. That's correct.

Q. Did you see Dr. Astaphan for any reason other than obtaining the anabolic steroids?

A. Certainly.

20 Q. Were these, I don't want to get into your personal --

A. As an individual would see any doctor.

Q. I don't want to get in your personal history, but --

25 A. Primarily I did see him again concerning the injury, to have him treat my injury.

Q. All right. That was in the period of January 2nd until April --

A. That would have been in April when I was injured.

5 Q. Before your injury, without telling me about the specifics, were you seeing him for other conditions?

A. I was rather healthy at that point; I don't recollect me seeing Dr. Astaphan for any other
10 reason than a general physical.

Q. For the period January to the injury?

A. That's correct.

MR. STEINECKE: Thank you. Those are my questions.

15 THE COMMISSIONER: Thank you, Mr. Steinecke. Mr. Barber.

--- EXAMINATION BY MR. BARBER:

Q. Mr. Issajenko, I represent the Sport Medicine Council of Canada.

20 Your evidence was that earlier than 1981 you joined the Scarborough Optimist Track Club, but I didn't get the date. When did you join that club?

A. The coach I had trained with prior to Charlie Francis, his name is Brian Barnes. He was
25 affiliated with the Scarborough Optimists. And I believe

I had started training with him in 1977, 1978.

Q. And so, you continued to be a member then through the years up to 1985; is that right?

A. Through the years, yes.

5 Q. Can you give us some indication how many other athletes were a member of that club during the years that you were a member?

A. It's a very large club.

Q. Several hundred?

10 A. I would imagine. There are many coaches who have many athletes all apart of the Scarborough Optimists, yes.

Q. So, would several hundred be a reasonable estimate of the membership?

15 A. Several hundred, perhaps not. A hundred I would safely guess at.

Q. All right. And you began to be coached by Mr. Francis in 1981; is that correct?

A. That's correct.

20 Q. And I take it you were aware of him earlier as a coach of some of the other athletes?

A. That's correct.

Q. You had developed a respect for him?

25 A. I did, of course, develop a respect for him, yes.

Q. You were prepared to rely upon his advice and his judgment?

A. Yes.

5 Q. And in 1981, I suggest that it would be clear to you that he believed that steroids helped performance?

A. In 1981?

Q. Yes.

10 A. Charlie and I had not had a discussion about anabolics.

Q. By 1982 was that clear to you?

A. By the latter part of 1928, yes.

15 Q. Was it in 1982 that you first approached Mr. Francis with regard to your own use of steroids?

A. Some time in the year of 1982, yes, I did approach him.

20 Q. And I understood from your evidence that he advised you that he was concerned that there was a danger that the use of steroids would affect the growth plates because you were not yet fully physically mature. Is that right?

A. He did say that.

25 Q. You approached him again about the use of steroids in 1984; am I correct?

A. In the latter part of 1984, yes. I advised him that I was going to begin my program of steroids.

5 Q. Did you have a discussion with him before you began your program of steroids?

A. Pertaining to steroids?

Q. Yes.

A. Yes.

10 Q. And did I understand your evidence correctly that he expressed the opinion that in your case he wasn't sure it would be useful because you weren't yet fully trained. You talked about the icing and the cake.

15 A. It would be useful. I would get results from the anabolics. Charlie left the decision up to me as to whether I would want to at that point.

Q. Well, you would agree we are not here talking about the optimal performance of an international elite athlete. You hadn't yet achieved that stature?

A. I had not, no.

20 Q. Did Mr. Francis discourage you from using steroids?

A. Discourage, no.

Q. You said that he gave some literature with regard to steroids?

25 A. That's correct.

Q. Do you recall what he gave you?

A. It was mimeograph copies from various articles, periodicals. I don't recollect what the source was.

5 Q. Were these all articles that dealt with the issue of steroids as performance enhancers?

A. No, they were not.

Q. Were they -- were any of them scientific or medical --

10 A. Yes, they were.

Q. -- articles. Do you recall the sources?

A. I do not.

15 Q. You said that you yourself went to the university looking for articles, for medical articles or scientific articles?

A. I did.

Q. But you couldn't find any?

20 A. As I mentioned earlier, I did find a few, but Charlie had done his homework prior and I found that he had the literature condensed so that I was able to get most of my -- most of my information from what he had obtained rather than have me running around in the library looking for little bits and pieces about anabolics.

25 Q. Did he give you summaries or did he

give you copies of articles?

A. Copies of articles.

Q. Do you recall how many?

A. How many articles?

5 Q. Yes.

A. I don't. All I recall is a stack of paper about that high.

Q. So, there were many of them?

A. There were quite a few, yes.

10 Q. Were these all medical and scientific articles?

A. Not all of them, no. Some of them dealt with the performance enhancing qualities of anabolics.

15 Q. You said that -- I am sorry, before I move on, did Mr. Francis recommend that before you do any steroids you go and have a medical check?

A. Yes, he did.

Q. Did you do that?

20 A. No, I did not.

Q. Was there any reason why you wouldn't do that?

A. Yes, I had firmly believed that in the dosage that I was taking, with Dianabol in that case it was 5 milligrams, up to ten later on, that it would have

25

no side effects.

Q. Is that --

A. And, indeed, I had no side effects.

Q. Is that belief based on what Mr.

5 Francis told you?

A. Solely from Mr. Francis, no. I had many sources to come to that conclusion.

Q. Was Mr. Francis one of them?

A. Yes, he was.

10 Q. Now, you said that, and I believe this was the first cycle of steroids that you felt I think the word somebody suggested to you was aggressive, but you suggested perhaps a more appropriate word was enthusiasm. You felt an enthusiasm towards your training?

15 A. That's right.

Q. Is this occurring in a climate where you have made a decision to return to competition and to resume training actively?

A. Yes.

20 Q. And when you stopped using the steroids, when you finished the cycle, did you notice a drop off in that enthusiasm or aggression?

A. In the sport itself, yes, because I was first of all injured, and then I decided to retire in the
25 latter part of 1985.

Q. Perhaps I didn't understand your evidence fully. When you were taking the steroids, did you feel inside yourself a surge or an increase in your enthusiasm, in your physical well-being, in your ability to train?

A. For about a week, the aggressiveness subsides.

Q. And so as you tail off the steroids, is that when it subsides?

A. That's right.

Q. I wasn't sure of the date, but you went to see Dr. Astaphan, was it in January of 1985?

A. January 2nd.

Q. And you said that you went to Dr. Astaphan because you wanted him to monitor your steroid use and to provide appropriate tests; is that right?

A. That's correct.

Q. Is that because you were concerned that there might be side effects?

A. As with any drug, I would be concerned that there could potentially be some side effects.

Q. Now, you were injured in April of 1985; is that right?

A. That's correct.

Q. And did you experience with the use of

steroids, the enhanced development of muscles?

A. Yes, I did.

Q. And would you agree that when you have that kind of enhanced muscle development, there is a danger that you might overpower the tendons?

A. I would agree.

Q. So and that was the nature of your injury in April '85, it was a tendon injury, I understand?

A. Yes, it was.

Q. In your mind, did you feel that the steroids were a contributing factor towards that injury?

A. I am not in a position to assess that.

Q. Fair enough. You did say, though, sir, that you didn't think the steroids would assist in the recovery?

A. In the recovery, no.

Q. Because your injury was a tendon?

A. That's correct.

Q. So, you didn't go back on steroids?

A. No, I did not.

Q. Just perhaps a minor matter, but with reference to the evidence that you gave about giving injections to other athletes, did you receive instruction from anybody as to how to give an injection?

A. Yes, I did.

Q. Who gave that you instruction?

A. Dr. Astaphan.

Q. When did he do --

5 A. At one point, I had inquired as to what was the proper procedure to give an injection. And it so happened that the way I had been doing the injections prior to that was correct. So, he was satisfied with the way I was carrying out the injections.

10 Q. Do you recall when you spoke to Dr. Astaphan about how to give an injection?

A. That would have been sometime in January of 1985.

Q. So, it would be after the Guadeloupe training camp of March, '84, correct?

15 A. That's correct.

Q. At which you gave injections?

A. That's correct.

Q. Prior to March of '84 had you received any instruction as to how to give an injection?

20 A. No, I had not.

Q. Finally, I would like to deal with your observations as to the use of steroids amongst high school athletes. I believe the questions that were put to you were with reference to the year 1981. Were you a high
25 school student in 1981?

A. Yes, I was.

Q. And you told Ms. Chown that you believed steroids in 1981 were used by high school athletes who participated in football and in lifting, is that right?

A. I knew of some high school athletes that would use steroids, yes.

Q. In those sports?

A. In lifting; body building, of course; football; the ballistic events.

Q. Did you, and I don't know whether you can answer this or not, but did you form an impression as to the extent of steroid use amongst the high school athletes of whom you were aware?

A. Yes, I did get an impression.

Q. What would that impression be?

A. That it was used by the odd individual.

Q. Are we talking about isolated use by occasional individuals?

A. That's correct.

Q. Are you able to put a percentage on it or is that asking too much?

A. That will be asking too much.

Q. All right. I took a note that you said with regard to the high school athletes, and I may

have got it wrong, but I thought you said that you didn't think the high school sprinters were using steroids then, by which I took it you meant 1981?

A. That's correct.

5 Q. Do you have any information that would suggest that high school sprinters are using steroids now?

A. No, I do not.

MR. BARBER: Thank you, sir, those are all my questions.

10 THE COMMISSIONER: Thank you, Mr. Barber.
Mr. Levine for Dr. Astaphan.

--- EXAMINATION BY MR. LEVINE:

15 Q. Mr. Issajenko, I am here on behalf of Dr. Astaphan. I will be very short.

One matter I don't think we have touched on yet is were you aware when you were a practicing athlete, were you aware of what were banned substances and practices and what were not?

20 A. Yes, I was.

Q. How were you made aware of that?

A. It was a general knowledge that I had gained over the years through Angella, Charlie.

25 Q. Was there any set procedure in place where the coach or some leading official of the team would

5 speak to the athletes on a regular basis to advise them
what were banned substances and practices, and what were
not, what was allowed and what was not?

5 A. Well, if the coach, or the official was
indeed aware of an individual using anabolics, he would
explain to them, yes, what the clearance times were.

10 Charlie would make a point of -- if one was
taking steroids, to make it clear to them that in fact
they would need so many days to clear before a tested
competition.

15 Q. Were there any publications or
brochures that would have been received by yourself or
other members of the team on a regular basis to advise you
as to what was allowed and what was not allowed?

15 A. In my case, no. I was not a member or
affiliated with the Canadian Track and Field Association.
So, of course, I would receive no literature from them.

20 Q. I see. But in November 1984, when you
began your steroid use, you knew that this was a banned
practice, substance?

20 A. Yes, I did.

25 Q. And I believe your evidence is that you
didn't seek any other medical advice about steroid use
before seeing Dr. Astaphan in January of 1985?

25 A. No, I did not.

Q. And we have heard evidence from
yourself and Ms. Issajenko that in effect Dr. Astaphan
became the doctor for your family, for your child as well?

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A. That's correct.

Q. And when you first saw the doctor in January of 1985, did you discuss with him the cause of the steroids or the injections?

5 A. The first appointment with Dr. Astaphan?

Q. Yes?

A. No, I did not.

10 Q. I believe you said then you saw him a week later, is that right?

A. That's correct.

Q. Did you discuss the costs at that time?

A. At that point, no.

15 Q. Did he put any kind of an emphasis on the cost factor?

A. He did not.

Q. And I think that your evidence was, in fact, you felt sort of obligated to discuss the matter of cost, is that right?

20 A. Of course.

Q. Yes. And was that there a particular reason why you went back to see him one week after your first visit?

25 A. I had assumed -- I would assume that appropriate tests were done and Dr. Astaphan would be

satisfied that -- or rather, he would be willing to provide me with the anabolics.

Q. And we've heard some evidence that there were some conversations between yourself and Mr. Johnson, I think in the spring of 1985, concerning what was called Astaphan's white stuff, is that right?

A. That's correct.

Q. What did you understand that to mean, Astaphan's white stuff?

A. I understood it to be water-based Dianabol. Water-based Dianabol was referred to as the white stuff. Otherwise, it was simply too formal.

Q. Is it fair to say, sir, that both you and your wife have always been satisfied of the care that you've received from Dr. Astaphan?

A. Yes.

MR. LEVINE: Thank you.

THE COMMISSIONER: Thank you Mr. Levine.

THE COMMISSIONER: Mr. Lipkus for Mr.

Johnson?

MR. LIPKUS: Thank you, sir. I'm not used to having Mr. Armstrong as my right-hand man.

THE COMMISSIONER: All right.

MR. ARMSTRONG: My good junior.

MR. LIPKUS:

Q. Mr. Issajenko, you testified that originally it was a your father and a gentleman named Mr. Barnes who coached you, is that correct?

5 A. That's correct.

Q. At the time that you were hearing about anabolic steroid use in high school, sir, did you have any discussions with either of them about those rumors?

A. I don't recall.

10 Q. Do you recall whether you had any discussions with your father or with Mr. Barnes prior to embarking on your own steroid program?

A. No, I did not.

15 Q. And, sir, when Mr. Francis told you that you were too young, that you hadn't developed sufficiently to go on a steroid program, did you take it upon yourself to have any discussions with any other athletes to find out when they had begun a steroid program or did you just take Mr. Francis' at his word?

20 A. Yes, I did. I had spoken to my wife, Angella Taylor, at the time.

Q. At that time, this would be in 1980 ---

A. 1980 -- later part of 1981, '82, perhaps, and throughout the years, of course.

25 Q. But at that particular time, you recall

specifically discussing it with Angella?

A. That's correct.

Q. In, I believe it was March of 1984, you testified that you did some injections of some of the athletes in Guadeloupe and I believe you indicated it was human growth hormone and aqueous-testosterone, am I correct?

A. That's correct.

Q. Sir, did you inject any inosine or B-12 at that time?

A. There were injections of inosine or B-12.

Q. When you say there were injections?

A. That particular evening, I had done only one injection of vitamin B-12.

Q. You did ---

A. To the best of my knowledge, and that was to Angela Phipps.

Q. And were you present, sir, when other athletes received injections of inosine and B-12? And I'm talking now about Guadeloupe in 1984?

A. Well, if I was giving the injection, yes.

Q. Other than that particular time, were you present when others were being injected by somebody

else?

A. With my wife, perhaps. Otherwise, not normally, no.

5 Q. And was it generally known, sir at that time, that people, the athletes, were receiving injections of inosine and B-12 in addition to receiving the growth hormone and the testosterone?

A. That's correct.

10 Q. And I take it that you're aware of the amounts of times that the inosine and B-12 was being injected? In other words, twice a week or three times a week or whatever the number was?

A. I don't recall.

15 Q. Well, sir, dealing with your experience in Guadeloupe during that time period, do you recall the difference in the colours of the injections of inosine and B-12 as opposed to injections other than inosine and B-12?

A. Yes.

Q. And rather -- you do recall?

20 A. There is a difference in colour, yes.

Q. Correct. And as I understand it, sir, there were times when the testosterone would be mixed with the inosine and B-12, correct?

A. That's correct.

25 Q. And that was the -- when you did the

injection, was that the injection that you gave?

THE COMMISSIONER: To whom now?

MR. LIPKUS: I believe he testified that he
had given an injection then and my notes might be
5 incorrect, but -- let me clarify it.

MR. LIPKUS:

Q. Had you given any injections of the
testosterone at that time?

10 A. Yes, I had.

Q. Okay. And was there any B-12 and
inosine mixed into it?

A. No, it was not.

Q. So it was straight testosterone so ---

15 A. No, it was not.

Q. I'm sorry?

A. It was testosterone and growth hormone.

Q. With no inosine and B-12?

A. In that syringe, no.

20 THE COMMISSIONER: What athletes are you
speaking of now, Mr. Lipkus?

MR. LIPKUS: I don't know which.

MR. COMMISSIONER: I think he's named them.

MR. LIPKUS: I don't have a note of it
25 handy.

THE WITNESS: What athletes are you referring to?

MS. CHOWN: I think ---

THE COMMISSIONER: I'm not clear what date we're at now.

MS. CHOWN: To assist the witness, I think his evidence was that he injected Miss Issajenko, Tony Sharpe and Ben Johnson in Guadeloupe.

THE COMMISSIONER: Thank you.

MR. LIPKUS:

Q. And those athletes, Mr. Issajenko, all received the testosterone with the growth hormone?

A. That's correct.

Q. And none of those athletes, to your knowledge, received an injection by you from -- of inosine and B-12 mixed in with that mixture?

A. Mixed in, no.

Q. And they would, however, or would they, receive injections from you of the inosine and B-12, to your recollection?

A. I had injected only Angella with inosine and B-12 on other occasions. I would on a consistent basis inject Angella. However, only on one occasion, do you ever recall in Guadeloupe where I had

actually injected people other than Angella.

Q. Was the B-12, to your knowledge, always mixed with the inosine, just from your own observation?

5 A. I think there is a distinction between the two. I'm not exactly sure what inosine is. The colours are relatively the same between the two. I believe they are both of vitamin derivative. Vitamin B-12, of course, being a vitamin.

10 Q. Was the inosine and B-12 kept in a cooler? Was it kept in a fridge in Guadeloupe?

A. I don't recall.

Q. You recall, though, that the growth hormone and the testosterone were kept in the fridge?

15 A. Testosterone does not have to be kept in the fridge. So if it was there, it was surely by chance. The growth hormone was there.

Q. At the time in 1984 when you went on your own steroid program, I believe you took some Dianabol tablets, correct?

20 A. In the latter part of 1984, yes.

Q. At that time, were you also receiving inosine and B-12 injections?

A. On occasion, yes.

25 Q. Sir, on occasion, do you -- are we talking about once a week, three times a week, do you

recall?

A. I would say once a week.

Q. And who was giving you those injections?

5 A. To the best of my knowledge, it would have been Angella.

Q. Was this something that just started in the fall of '84 or had you been taking them over the years intermittently, the B-12?

10 A. The B-12, no.

Q. No, you ---

A. No, I would not. I begun the B-12 -- actually my mistake, no. I had used vitamin B-12 prior to that.

15 Q. When was that?

A. For many years.

Q. And at this particular time you went back on B-12 with the inosine, was the first time you were taking inosine?

20 A. Inosine and B-12, to the best of my knowledge, are very similar, so I would take one or the other. It wasn't a mixture of the two.

Q. To your knowledge, you never took a mixture of the two?

25 A. To the best of my knowledge, a mixture

of the two, no.

Q. Now, I believe that Mr. Barber -- I believe you told Mr. Barber that you did not go to a doctor prior to embarking on your first steroid program.
5 Do I have that correct?

A. That's correct.

Q. Then I'm also correct that prior to embarking on this program, you didn't go for any blood tests or urinalysis or liver tests or am I correct?

10 A. You would be correct.

Q. Can you indicate to Mr. Francis that you were not taking these tests at that time?

A. I did not.

15 Q. And did he mention to you that you should go for those tests?

A. We had no discussion about tests at that time.

20 Q. Did you have any discussions at that time about him recommending that you see your family doctor or see a doctor?

A. I don't recall.

Q. Do you -- did Mr. Francis ever go with you to see a doctor to discuss anabolic steroids?

A. With me?

25 Q. With you?

A. On one occasion he was present with the conversation Dr. Astaphan and I had. What the reason was, I don't know for him being present.

Q. Do you recall if there was just the
5 three of you present at the meeting?

A. Yes, at one point, yes, I would say it was just the three of us; Dr. Astaphan, myself and Charlie.

Q. And you don't recall why you were
10 there, though?

A. I don't recall why we were there. I would imagine it would have to do with anabolics.

Q. Would this be the January 1985 meeting, the first time you met Dr. Astaphan, or sometime after
15 that?

A. Oh, I had met Dr. Astaphan well before that. He was treating, of course, Angella and Ben and a few other individuals and I had met him on many occasions.

Q. The meeting that you're talking about,
20 sir, did that take place prior to January of 1985 to the best of your recollection?

A. No, it would have been after January 2nd of 1985.

Q. Sir, when Dr. Astaphan gave you the
25 Winstrol in a plain envelope, I believe you testified, did

he write down the instructions for you in terms of the dosage?

5 A. I do not recall. I do remember him giving me some information that he had written on paper regarding the dosages and the duration but he was also aware that there were no -- he had no indications of drug testing clearance times because I'd explained to him that I would not have been tested that year.

10 Q. Sir, did you -- dealing with, very briefly, a question on side effects from steroid use, had you experienced any gynecomastia yourself?

A. No, I had not.

15 Q. And were you aware of any of the other runners ever complaining about that or had you seen it on any of the other runners?

A. About gynecomastia?

Q. Yes.

A. No, I had not.

20 Q. Now, sir, you testified that you've taken either inosine or B-12 and, as I understand it and correct me if I'm wrong, that in addition to taking growth hormone or banned substances or anything like that, vitamins played a very important part of an athlete's regular routine. Am I correct in that?

25 A. Vitamins, eating, sleeping, training,

steroids. They all play an important role.

Q. Let's deal with the role of vitamins for a second. And am I correct that the role of vitamins was to give you more endurance? Is that a fair statement?

5 A. Vitamin B-12 effects the central nervous system.

Q. Does that mean you disagree with my statement or you agree with that?

A. That it helps your performance?

10 Q. It helps you have more endurance?

A. Endurance? It's more for recovery, I would believe.

Q. It helps you get over fatigue. When you say recovery, is that what you mean?

15 A. It's different from fatigue. Central nervous fatigue, to the best of my knowledge -- I'm not a doctor -- but it does help calm down the nerves or the central nervous system.

Q. And again I'm not asking you for a medical opinion but I'm asking you for your own observations because I take it that you've taken vitamins on a regular basis while you were training, is that correct?

20 A. Oh, yes, on many occasions.

25 Q. That's something that the athletes do

and something that you did, correct?

A. Yes, correct.

Q. And did you ever take the power pack
that we've heard something about? Have you ever heard of
that?

A. I have heard of it.

Q. Have you ever taken it?

A. I have taken it.

Q. And from time-to-time, would athletes
talk about various vitamins they were taking and discuss
that among themselves?

A. Not particularly.

Q. Was it something that Dr. Astaphan
recommended to you from time-to-time, to take a particular
vitamin?

A. Vitamins or the power pack?

Q. Either?

A. Any particular vitamin? He did
recommend.

THE COMMISSIONER: Recommend what, though.
I'm sorry.

THE WITNESS: A vitamin.

THE COMMISSIONER: Yes.

25

MR. LIPKUS:

Q. The only injectable vitamins that you've ever taken are the inosine and the B-12, am I correct, or were there other injectable vitamins?

5 A. Well, vitamin B-12, I know for a fact, is a vitamin. Inosine, I'm not exactly sure what it is. I think it's some sort of derivative. But, yes I was taking both of those and in injection form and also in pill form as well.

10 Q. And some -- have you ever taken something called Q-10?

A. Q-10.

Q. Which I believe is a -- it's a bunch of herbs?

15 A. Well, I've never heard of it so I can't say I've taken it.

Q. Sarsparilla, is that something you've ever taken?

A. Sarsparilla, no.

20 Q. Did Mr. Francis ever indicate to you the importance of you telling him what protocol you were on for anabolic steroids so that he could make sure you were on a proper training regiment?

A. Yes.

25 Q. And that would be prior to the first

steroid program that you went on?

A. I did inform Charlie that I would be taking anabolics.

Q. But the discussion where he explained to you that it was important that you tell him, did that take place prior to your first usage of anabolics?

A. Repeat that again, please?

Q. Do you recall when Mr. Francis discussed with you the importance of you telling him what protocol you were on for anabolics?

A. We had no specific conversation, him explaining to me the importance of him telling me. I had come to the conclusion, myself, over the years of speaking to Charlie that he was concerned that if one was taking anabolics that he know about it so that he can change your program to some degree.

Q. Okay. Well ---

A. The changes would be that it would become a bit more intensive because you would have the capacity to carry out a work load of higher intensity.

Q. And when you say over the year years, is that something that happened over the years prior to you first using anabolics? In other words, are you looking back on it now and saying that or do you --

A. It was prior to my use of anabolics,

yes.

Q. And I take it that each time you went on the anabolics you made sure that he knew and he therefore changed your training program or adjusted your training program accordingly?

5

A. He would make some adjustments, yes.

Q. Other than the testimony we heard from your wife, sir, had you had any experience with hot shotting?

10

A. No, I had not.

Q. From time-to-time, sir, as a result of training, as a result of either running or training, did you become stiff?

A. Yes.

15

Q. And as a result of taking any anabolics or banned substances, did you become stiff?

A. I was fortunate enough not to become stiff from the anabolics.

20

Q. So the only time that you actually would get stiff would be as a result of training or running in competition, is that fair?

25

A. Well, I found no difference to the frequency of my stiffness whether I was taking anabolics or not taking anabolics. Mind you, I did recover a bit faster with the anabolics so, of course, the next day....

Q. You were ready to get stiff again?

A. More or less.

Q. And train harder?

A. And train harder, yes.

5 Q. Now, when Ben said that he preferred
Astaphan's white stuff, I believe those are the words that
you used?

A. That's right.

10 Q. You took that to mean that he felt that
Astaphan's white stuff was more effective?

THE COMMISSIONER: Than the pill?

THE WITNESS: Than the oral based ---

THE COMMISSIONER: Than the pill?

15 THE WITNESS: Rather than the oral
Dianabol, yes.

MR. LIPKUS:

Q. That's what you took what he meant?

A. That's what he said.

20 Q. Okay. Do you recall his exact words?

A. His exact words? I had asked him the
question whether he preferred Astaphan's white stuff to
Dianabol. At that time I didn't refer to the Dianabol as
oral or injectable and he said that he preferred the white
25 stuff.

Q. And did he talk to you, sir, about why he preferred it?

A. As I said earlier, it gave him a better kick.

5 Q. By a better kick, you understood -- did you understand that to mean that it helped him get over fatigue quicker?

10 A. I understood it to mean that he would, of course, get over fatigue a bit better. But, generally, it would give you, as I said earlier, a feeling of -- you would more enthusiastic, more aggressive with your workouts.

Q. Did the discussion have those words in it or was that just what you took from the words?

15 A. Well, I had known Ben at that point for many years so when he used the term kick, I didn't take it literally. I knew what it had meant.

Q. He had used those words over the year?

A. Yes.

20 Q. He would take something and that would be more of a kick or less of a kick than something else?

A. At times he would use that expression.

25 Q. Now, you've testified that when athletes are talking about anabolics, they're not formal about it, they're -- I may have it wrong but what you said

was when they referred to anabolic steroids, they referred to them as drugs and they referred to vitamins as vitamins?

5 A. That wasn't the rule but, generally, I would say that, as in the case of the white stuff, that being water-based Dianabol in my case, it was referred to as white stuff.

10 Q. When people were -- I'm sorry -- when people were referring to the growth hormone, did they have a name for that?

A. In the case of growth hormone, yes.

Q. What was the name?

A. They would refer to it as STH, growth hormone. It all depends who you were speaking to.

15 Q. And with respect to the inosine, sir, was that referred to in any particular way, to your knowledge?

20 A. Again, it depends who I'm speaking to. It may be referred to as a vitamin, it may be referred to as the red stuff Astaphan is giving us or inosine itself or vitamin B-12 itself, or whatever.

Q. Did Ben ever refer to it as Astaphan's red stuff?

25 A. I don't recall Ben and I having a conversation about that, the inosine.

Q. Sir, the conversation that you testified that you had with Ben Johnson in 1981 where you say that he jokingly -- he jokingly mentioned to you that -- or asked you whether you had been on steroids?

5 A. I believe he was joking about it but he had said that, yes.

Q. And I said that, jokingly. Do you recall whether that was in early '81 or late '81?

A. I don't recall.

10 Q. Do you recall if that was a conversation just between the two of you or in a group of people?

A. There may have been people present but I don't recall it being in a group, no.

15 Q. But there was just more than yourself and Ben?

A. Well, you have to understand this was a track and field setting. It's a very large place and many people train in there. So, I can't say I was completely
20 alone with Ben, no.

Q. Fair enough, sir. Then in terms of who was taking part in the specific discussion, was it just yourself and Ben, or were there other people around within earshot listening?

25 A. I do recall on other occasions that

other people would also make the comment that I looked like I was steroids because I had grown quite a bit over the past few months. I don't recall whether there anybody was in ear shot. There may very well have been.

5 Q. In March of 1985, sir, I believe you testified that the water-based Dianabol came in a -- in a vial very similar to Exhibit 124 which was the --

A. The only similarity there was was that it was glass and approximately the same shape but,
10 otherwise, it was a plain glass bottle and larger.

Q. So...

THE COMMISSIONER: It was larger?

MR. LIPKUS:

15 Q. There was no label on it whatsoever, then?

A. I did not see a label, no.

Q. And did it come in a box?

A. With me, no, it did not come in a box.
20 I would get my injections from Dr. Astaphan in his office and it was only in the training camp at Tallahassee that Charlie had brought a bottle of -- a vial of the water-based Dianabol. I don't recall it being in a box.

MR. LIPKUS: Thank you, sir, I have no
25 further questions.

THE COMMISSIONER: Thank you. Mr. O'Connor?

MR. O'CONNOR: I have no re-examination.

THE COMMISSIONER: Mr. Armstrong -- Ms.

Chown, sorry.

5 MS. CHOWN: No, thank you.

THE COMMISSIONER: Thank you. All right.

Thank you, Mr. Issajenko. I'll get it, thank you. You
might just sit over here?

THE COMMISSIONER: Mr. Armstrong?

10 MR. ARMSTRONG: Yes. Ms. Chown and I
discussed our schedule yesterday or the day before and we
had anticipated that Mr. Issajenko would take either until
about now or perhaps into the early afternoon and we just
thought that it's been a long three weeks. We have a lot
15 of other work to do as do other counsel and we were afraid
that if we started another witness, at this point, we
would not likely finish today.

And so we made the judgment, subject to your
approval, that....

20 THE COMMISSIONER: Where is the next
witness?

MR. ARMSTRONG: We would not call another
witness.

25 THE COMMISSIONER: I'm still available and
I'm going to sit here.

MR. ARMSTRONG: Well, you've been giving a fair amount of evidence yourself. Perhaps you'd like to get in the witness box and we'll ask you a few questions.

THE COMMISSIONER: I understand, thank you.

5 Well, the public hearings and the Inquiry will now be resumed on April the 3rd at ten o'clock. That is not to say that the work of the Commission will be adjourned for two weeks.

10 As I explained earlier, the public hearings of a Commission are very much like the tip of the iceberg and the real major work is done by our staff, the investigation and preparation and research that is going on, and there's much more work to do and we have other phases of the Inquiry which we're also looking into as well as track and field.

15

It's not always understood but we can only call one witness at a time. And the order of the witnesses has been discussed with counsel. There are many other witnesses to be heard yet on this phase and experience has shown that often evidence led at very the end of an Inquiry may well cast a different light on what has preceded it.

20

And, therefore, I am hopeful that everyone will keep an open mind, as I must do, and not arrive at any conclusions about any of the individuals or

25

organizations until all the evidence is in and the argument heard and my report is issued.

Also, in this phase, we'll be calling in other track and field coaches and Canadian athletes who do not condone or encourage the use of steroids and do not use them. And they'll be called and we'll have the benefit of their views on this issue.

Earlier in our Inquiry we called Mr. Ken Reed, who is the Chairman of the IOC Olympic Committee of Athletes, which committee represented outstanding athletes throughout the world including track and field. And we've already had the benefit of his views and the efforts being made internationally to seek joint co-operation to eliminate the use of drugs in our sport. So we'll be going into that aspect of it, too.

And that's all I have to say at the moment. I want my staff to work very hard over the next two weeks. We'll adjourn now to April the 3rd at ten o'clock. Thank you for your co-operation.

---Whereupon the Inquiry will resume at 10:00 a.m., Monday, April 3, 1989.

